

SPIN-1/2 DEGREES OF FREEDOM

①

Recap - QM wavefunctions (wavevectors) live in 'Hilbert space', a complex vector space.

Spin 1/2 \Rightarrow Two dimensional space

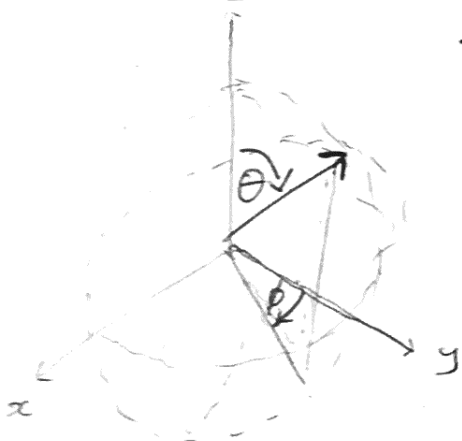
One possible (and useful) basis set is $\{|\uparrow\rangle, |\downarrow\rangle\}$ (also written as $\{|\alpha\rangle, |\beta\rangle\}$ or $\{|+1/2\rangle, |-1/2\rangle\}$)

$$|\Psi\rangle = c_1 |\uparrow\rangle + c_2 |\downarrow\rangle = \begin{pmatrix} c_1 \\ c_2 \end{pmatrix} = \begin{pmatrix} a_1 + ib_1 \\ a_2 + ib_2 \end{pmatrix}$$

$|\Psi\rangle$ is described by 4 real numbers (degrees of freedom) - but how many are needed to describe an orientation?

\approx — NB. CARTESIAN COORDINATES!

2: latitude and longitude!



What about the other 2 d.o.f.?

① Normalisation: $\langle\Psi|\Psi\rangle = 1$

$$\Rightarrow c_1^* c_1 + c_2^* c_2 = 1$$

② Phase: All possible observables are real numbers
Wavefunctions differing by a complex phase only are indistinguishable

Rewrite $|\Psi\rangle = \begin{pmatrix} c_1 \\ c_2 \end{pmatrix} = \begin{pmatrix} r_1 e^{i\theta_1} \\ r_2 e^{i\theta_2} \end{pmatrix}$

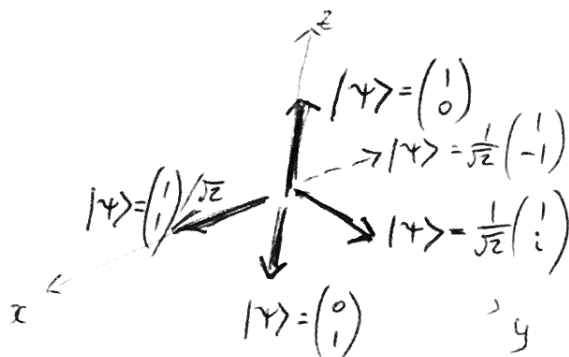
$$= e^{i\theta_1} \begin{pmatrix} r_1 \\ \sqrt{1-r_1^2} e^{i(\theta_2-\theta_1)} \end{pmatrix}$$

unobservable

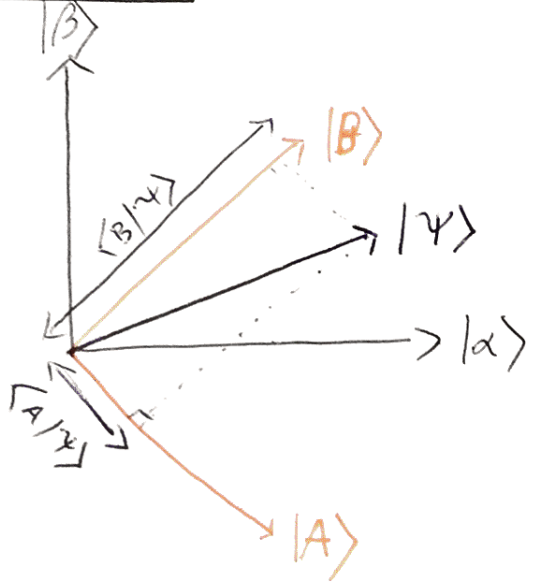
$|\Psi\rangle$ only depends on relative amplitudes and phase DIFFERENCE.

$$r_1^2 + r_2^2 = 1$$

$$\Rightarrow r_2 = \sqrt{1-r_1^2}$$



EXPECTATIONS



$|A\rangle, |B\rangle$ are eigenstates of $\hat{H} = \omega \hat{I}_z$ (2)
 $|A\rangle, |B\rangle$ are eigenstates of \hat{Q}

Recap: What is outcome of measuring \hat{Q} on state $|\psi\rangle$?

Write $|\psi\rangle$ in terms of \hat{Q} eigenstates:

$$|\psi\rangle = (|A\rangle\langle A| + |B\rangle\langle B|)|\psi\rangle$$

$$= \underbrace{\langle A|\psi\rangle}_{\text{get state A and } \lambda_A \text{ with probability } |\langle A|\psi\rangle|^2} |A\rangle + \underbrace{\langle B|\psi\rangle}_{\text{get state B and } \lambda_B \text{ with probability } |\langle B|\psi\rangle|^2} |B\rangle = c_A |A\rangle + c_B |B\rangle$$

Result is always purely random - but what if we had many identical copies of $|\psi\rangle$? Then we could calculate average or EXPECTATION:

$|A\rangle$ and $|B\rangle$ are eigenstates of \hat{Q} :
 $\hat{Q}|A\rangle = \lambda_A |A\rangle$
 $\hat{Q}|B\rangle = \lambda_B |B\rangle$

$$\langle \hat{Q} \rangle = \langle \psi | \hat{Q} | \psi \rangle$$

$$= (c_A^* \langle A| + c_B^* \langle B|) \hat{Q} (c_A |A\rangle + c_B |B\rangle)$$

$$= (c_A^* \langle A| + c_B^* \langle B|) (c_A \lambda_A |A\rangle + c_B \lambda_B |B\rangle)$$

$$= \underbrace{c_A^* c_A}_{P(A)} \lambda_A + \underbrace{c_B^* c_B}_{P(B)} \lambda_B \quad \text{because } \langle A|A\rangle = 1, \langle A|B\rangle = 0 \text{ etc (orthonormality)}$$

This is $P(A)$ for a single measurement!

Can also write in matrix notation (in $\{|A\rangle, |B\rangle\}$ basis)

$$\langle Q \rangle = \langle \psi | \hat{Q} | \psi \rangle = (c_A^* \quad c_B^*) \cdot \begin{pmatrix} \cdot & ? \\ \cdot & \cdot \end{pmatrix} \begin{pmatrix} c_A \\ c_B \end{pmatrix}$$

Operators are DIAGONAL when written in their own eigenbasis.

$$\hat{Q} = \begin{pmatrix} \lambda_A & 0 \\ 0 & \lambda_B \end{pmatrix}$$

What happens if we only know $|\Psi\rangle$ in the \mathcal{H} eigenbasis? (3)
 Nothing! Geometric picture is exactly the same! (Just more algebra!)

$$\begin{aligned}
 |\Psi\rangle &= c_\alpha |\alpha\rangle + c_\beta |\beta\rangle = (|A\rangle\langle A| + |B\rangle\langle B|)(c_\alpha |\alpha\rangle + c_\beta |\beta\rangle) \\
 &= c_\alpha \langle A|\alpha\rangle |A\rangle + c_\beta \langle A|\beta\rangle |A\rangle + c_\alpha \langle B|\alpha\rangle |B\rangle + c_\beta \langle B|\beta\rangle |B\rangle \\
 &= c_A |A\rangle + c_B |B\rangle, \quad c_A = c_\alpha \langle A|\alpha\rangle + c_\beta \langle A|\beta\rangle \\
 &\quad c_B = c_\alpha \langle B|\alpha\rangle + c_\beta \langle B|\beta\rangle
 \end{aligned}$$

ie. rewrite in \hat{Q} eigenbasis.

$$\langle\Psi| = c_A^* \langle A| + c_B^* \langle B|$$

$$\therefore \langle Q \rangle = \langle\Psi| Q |\Psi\rangle = (c_A^* \quad c_B^*) \begin{pmatrix} \lambda_A & 0 \\ 0 & \lambda_B \end{pmatrix} \begin{pmatrix} c_A \\ c_B \end{pmatrix}$$

$$= c_A^* c_A \lambda_A + c_B^* c_B \lambda_B$$

$$= (c_\alpha^* \langle A|\alpha\rangle^* + c_\beta^* \langle A|\beta\rangle^*) (c_\alpha \langle A|\alpha\rangle + c_\beta \langle A|\beta\rangle) \lambda_A + \dots \lambda_B$$

$$= c_\alpha^* c_\alpha (\langle A|\alpha\rangle^* \langle A|\alpha\rangle \lambda_A + \langle B|\alpha\rangle^* \langle B|\alpha\rangle \lambda_B)$$

$$+ c_\alpha^* c_\beta (\langle A|\alpha\rangle^* \langle B|\alpha\rangle \lambda_A + \langle B|\alpha\rangle^* \langle B|\beta\rangle \lambda_B)$$

$$= (c_\alpha^* \quad c_\beta^*) \begin{pmatrix} \langle A|\alpha\rangle^* \langle A|\alpha\rangle \lambda_A + \langle B|\alpha\rangle^* \langle B|\alpha\rangle \lambda_B & \dots \\ \dots & \dots \end{pmatrix} \begin{pmatrix} c_\alpha \\ c_\beta \end{pmatrix}$$

matrix representation of \hat{Q} in \mathcal{H} eigenbasis.
 NB. not diagonal!

Fundamental postulate: $i\hbar \frac{d}{dt} |\Psi\rangle = \hat{H} |\Psi\rangle$

Looks like an eigenvalue equation, but $|\Psi\rangle$ does not need to be eigenstate of \hat{H} .

Eigenvalues of \hat{H} do however form complete orthonormal basis set (because it's an observable operator) so we can write $|\Psi\rangle$ in terms of \hat{H} eigenstates $\{|n\rangle\}$: $\hat{H}|n\rangle = E_n|n\rangle$

$$|\Psi\rangle = \sum_n c_n |n\rangle \quad c_n = \langle n | \Psi \rangle \quad (\text{recall: } \sum_n |n\rangle \langle n| = 1)$$

~~$i\hbar \frac{d}{dt} \sum_n c_n |n\rangle = \sum_n c_n \hat{H} |n\rangle = \sum_n c_n E_n |n\rangle$~~

Suppose $|\Psi\rangle$ is an eigenstate of \hat{H} , $|\Psi\rangle = |n\rangle$:

$$\text{then } i\hbar \frac{d}{dt} |\Psi\rangle = i\hbar \frac{d}{dt} |n\rangle = \hat{H} |n\rangle = E_n |n\rangle$$

$$\Rightarrow \frac{d}{dt} |n\rangle = \frac{E_n}{i\hbar} |n\rangle = -\frac{i}{\hbar} E_n |n\rangle$$

All you need to know about differential equations:

General solution of $\frac{d}{dt} y(t) = A y(t)$

$$\text{is } y(t) = e^{At} y(0)$$

$$\text{so } |n(t)\rangle = \underbrace{e^{-iE_n t/\hbar}}_{\text{phase factor}} |n(0)\rangle$$

ie. eigenstates of \hat{H} just change complex phase at a rate proportional to their energy

If $|\Psi\rangle = |n\rangle$, this phase change is undetectable.

But what if $|\Psi\rangle$ is not an eigenstate of \hat{H} ?

Suppose $|\psi\rangle$ is a combination (superposition) of \hat{H} eigenstates $|\alpha\rangle$ and $|\beta\rangle$ (5)

$$|\psi\rangle = c_\alpha |\alpha\rangle + c_\beta |\beta\rangle$$

$$i\hbar \frac{d}{dt} |\psi\rangle = i\hbar \frac{d}{dt} (c_\alpha |\alpha\rangle + c_\beta |\beta\rangle) = \hat{H} (c_\alpha |\alpha\rangle + c_\beta |\beta\rangle) \\ = c_\alpha E_\alpha |\alpha\rangle + c_\beta E_\beta |\beta\rangle$$

Multiply from left by $\langle\alpha|$ and use orthonormality:

$$i\hbar \frac{dc_\alpha}{dt} = c_\alpha E_\alpha \implies c_\alpha(t) = e^{-iE_\alpha t/\hbar} c_\alpha(0)$$

$$\text{and } \langle\beta|: i\hbar \frac{dc_\beta}{dt} = c_\beta E_\beta \implies c_\beta(t) = e^{-iE_\beta t/\hbar} c_\beta(0)$$

$$\therefore |\psi(t)\rangle = \begin{pmatrix} e^{-iE_\alpha t/\hbar} c_\alpha(0) \\ e^{-iE_\beta t/\hbar} c_\beta(0) \end{pmatrix} \quad \text{i.e. each component picks up phase according to its energy.}$$

Are these phase factors observable?

Yes! DIFFERENCES are observable!

$$|\psi(t)\rangle = e^{-iE_\alpha t/\hbar} \begin{pmatrix} c_\alpha(0) \\ e^{-i(E_\beta - E_\alpha)t/\hbar} c_\beta(0) \end{pmatrix}$$

$$\text{Example: } \hat{H} = -\omega\hbar \hat{I}_z = \begin{pmatrix} -\omega\hbar/2 & 0 \\ 0 & +\omega\hbar/2 \end{pmatrix}$$

$$|\psi(0)\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ 1 \end{pmatrix} \quad (\text{spin along } x\text{-axis})$$

$$|\psi(t)\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ e^{i\omega t} \end{pmatrix} \quad (\text{ignoring phase factor})$$

$$\text{so } \begin{pmatrix} 1 \\ 1 \end{pmatrix} \xrightarrow{x} \begin{pmatrix} 1 \\ i \end{pmatrix} \xrightarrow{y} \begin{pmatrix} 1 \\ -1 \end{pmatrix} \xrightarrow{-x} \begin{pmatrix} 1 \\ -i \end{pmatrix} \xrightarrow{-y} \begin{pmatrix} 1 \\ 1 \end{pmatrix}$$

Larmor precession!

Other operators have representations in the Zeeman basis (6)
 (another name for ~~Hamiltonian~~ basis $\{|\alpha\rangle, |\beta\rangle\}$):

$$I_z = \frac{1}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \quad I_x = \frac{1}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \quad I_y = \frac{1}{2} \begin{pmatrix} 0 & -i \\ +i & 0 \end{pmatrix}$$

could use to calculate precession during pulses like earlier

also: $I_\alpha = \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix}$ $I_\beta = \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix}$ $I_+ = I_x + iI_y = \begin{pmatrix} 0 & 1 \\ 0 & 0 \end{pmatrix}$ $I_- = \begin{pmatrix} 0 & 0 \\ 1 & 0 \end{pmatrix}$

PURE AND MIXED STATES

We now know how to write pure states,

eg. $|\uparrow\rangle = \begin{pmatrix} 1 \\ 0 \end{pmatrix}$ $|\downarrow\rangle = \begin{pmatrix} 0 \\ 1 \end{pmatrix}$ $|\rightarrow\rangle = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 \\ 1 \end{pmatrix}$

superposition of $|\uparrow\rangle$ and $|\downarrow\rangle$ leads to quantum uncertainty when measuring I_z

But how do we represent statistical uncertainty?

e.g. $|\text{50\% chance of } \uparrow, \text{50\% chance of } \downarrow\rangle = ?$

$\frac{1}{\sqrt{2}}(|\uparrow\rangle + |\downarrow\rangle)$? but that is just $|\rightarrow\rangle$

This is a mixed state - cannot be written as any combination of basis vectors.

- can be represented using a DENSITY MATRIX

DENSITY MATRICES/OPERATORS

(not restricted to eigenstates)

If we have a mixture $\{p_i, |\psi_i\rangle\}$ we can write the density operator:

$$\rho = \sum_i p_i |\psi_i\rangle\langle\psi_i|$$

For above example, 50% $|\uparrow\rangle$ and 50% $|\downarrow\rangle$:

(7)

$$\begin{aligned} \rho &= \frac{1}{2} |\uparrow\rangle\langle\uparrow| + \frac{1}{2} |\downarrow\rangle\langle\downarrow| \\ &= \frac{1}{2} \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix} + \frac{1}{2} \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix} \\ &= \frac{1}{2} \begin{pmatrix} 1 & 0 \\ 0 & 0 \end{pmatrix} + \frac{1}{2} \begin{pmatrix} 0 & 0 \\ 0 & 1 \end{pmatrix} = \frac{1}{2} \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} \end{aligned}$$

off-diagonals don't need to be zero, eg:
pure $|\rightarrow\rangle$: $\rho = \frac{1}{2} \begin{pmatrix} 1 & 1 \\ 1 & 1 \end{pmatrix}$
 $= \frac{1}{2} \begin{pmatrix} 1 & 1 \\ 1 & 1 \end{pmatrix}$

diagonal ALWAYS adds up to 1: $\text{Tr} \rho = 1$

Measurement: Probability of system in state $|x\rangle$:

$$P(|x\rangle) = \sum_j p_j |\langle\psi_j|x\rangle|^2 = \sum_j p_j \langle x|\psi_j\rangle\langle\psi_j|x\rangle$$

When $|\psi\rangle$ given in terms of basis $|A\rangle, |B\rangle$:

$$\rho = \begin{pmatrix} \overline{c_A^* c_A} & \overline{c_A^* c_B} \\ \overline{c_B^* c_A} & \overline{c_B^* c_B} \end{pmatrix} \text{ where } \overline{c_A^* c_A} \text{ indicates ensemble average}$$

diagonals \rightarrow "populations"
off-diagonals \rightarrow "coherences"] but these labels only make sense when written in \hat{H} eigenbasis.

Expectation values of density matrices:

$$\langle Q \rangle = \sum_j p_j \langle j|Q|j\rangle \quad (\text{definition of ensemble averaged expectation})$$

Insert two complete basis sets:

$$\begin{aligned} \Rightarrow \langle Q \rangle &= \sum_j p_j \sum_{\mu, \nu} \langle j|\mu\rangle\langle\mu|Q|\nu\rangle\langle\nu|j\rangle \\ &= \sum_{\mu, \nu} \left(\sum_j p_j \langle\nu|j\rangle\langle j|\mu\rangle \right) \langle\mu|Q|\nu\rangle \\ &= \sum_{\mu, \nu} \langle\nu|\rho|\mu\rangle \langle\mu|Q|\nu\rangle \\ &= \sum_{\nu} \langle\nu|\rho Q|\nu\rangle = \text{Tr}(\rho Q) \end{aligned}$$

Time evolution of density matrix:

(8)

$$\text{TDSE: } i\hbar \frac{\partial}{\partial t} |\psi\rangle = \hat{H} |\psi\rangle \quad \text{and h.c.} \quad -i\hbar \frac{\partial}{\partial t} \langle\psi| = \langle\psi| \hat{H}$$

$$\begin{aligned} i\hbar \frac{\partial}{\partial t} \rho &= i\hbar \frac{\partial}{\partial t} \sum_j p_j |j\rangle \langle j| = i\hbar \sum_j p_j \left(\frac{\partial |j\rangle}{\partial t} \langle j| + |j\rangle \frac{\partial \langle j|}{\partial t} \right) \\ &= i\hbar \sum_j p_j \left(-\frac{i}{\hbar} \hat{H} |j\rangle \langle j| + \frac{i}{\hbar} |j\rangle \langle j| \hat{H} \right) \\ &= \hat{H} \rho - \rho \hat{H} = [\hat{H}, \hat{\rho}] \end{aligned}$$

This is solved by $\hat{\rho}(t) = e^{-i\hat{H}t} \hat{\rho}(0) e^{+i\hat{H}t}$

Liouville-von
Neumann
equation

Commutators and matrix exponentials

The commutator $[A, B] = AB - BA$

If $[A, B] = 0$, A and B are said to commute and their order can be interchanged.

Nothing odd about this! Rotations do not commute.

Important to simplify calculations,

eg. if $[\hat{H}, \rho] = 0$, $\frac{d\rho}{dt} = 0$! No time evolution!

Commutation important when calculating matrix exponentials:

$$e^{AB} \neq e^A e^B \quad \text{unless } A \text{ and } B \text{ commute.}$$

eg. if Hamiltonian has two parts, $\hat{H} = \hat{H}_A + \hat{H}_B$,
can only calculate time evolution for A and B separately
if \hat{H}_A and \hat{H}_B commute:

$$\hat{\rho}(t) = e^{-i(\hat{H}_A + \hat{H}_B)t} \hat{\rho}(0) e^{+i(\hat{H}_A + \hat{H}_B)t} \neq e^{-i\hat{H}_A t} e^{-i\hat{H}_B t} \hat{\rho}(0) e^{+i\hat{H}_A t} e^{+i\hat{H}_B t}$$

(in general)

Recap: Matrix representations

All operators can be written in a matrix representation (for a specific basis set) such that

$$\begin{aligned} \langle \hat{Q} \rangle &= \langle \psi | \hat{Q} | \psi \rangle = (\langle \alpha | \langle \beta |) \cdot \hat{Q} \cdot \begin{pmatrix} | \alpha \rangle \\ | \beta \rangle \end{pmatrix} \\ &= \begin{pmatrix} \langle \alpha | \hat{Q} | \alpha \rangle & \langle \beta | \hat{Q} | \alpha \rangle \\ \langle \alpha | \hat{Q} | \beta \rangle & \langle \beta | \hat{Q} | \beta \rangle \end{pmatrix} = \begin{pmatrix} c_\alpha^* c_\alpha & c_\beta^* c_\alpha \\ c_\alpha^* c_\beta & c_\beta^* c_\beta \end{pmatrix} \end{aligned}$$

Important examples:

$$\hat{E} = \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} \quad I_z = \frac{1}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \quad I_x = \frac{1}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix} \quad I_y = \frac{1}{2} \begin{pmatrix} 0 & -i \\ i & 0 \end{pmatrix}$$

One-pulse experiment:

Density matrix at equilibrium: $\hat{\rho}_0 = \frac{e^{-\hat{H}/kT}}{Z}$ ← normalisation

$$\hat{\rho}_0 = \frac{1}{Z} \begin{pmatrix} \langle \alpha | e^{-\hat{H}/kT} | \alpha \rangle & \langle \alpha | e^{-\hat{H}/kT} | \beta \rangle \\ \langle \beta | e^{-\hat{H}/kT} | \alpha \rangle & \langle \beta | e^{-\hat{H}/kT} | \beta \rangle \end{pmatrix} \quad e^{-\hat{H}/kT} | \alpha \rangle = e^{-E_\alpha/kT} | \alpha \rangle \text{ etc.}$$

$$= \frac{1}{Z} \begin{pmatrix} e^{-E_\alpha/kT} & 0 \\ 0 & e^{-E_\beta/kT} \end{pmatrix} \quad e^\alpha \approx 1 + \alpha + O(\alpha^2)$$

$$= \frac{1}{Z} \begin{pmatrix} 1 + \frac{1}{2} \hbar \omega_0 / kT & 0 \\ 0 & 1 - \frac{1}{2} \hbar \omega_0 / kT \end{pmatrix} \quad \begin{aligned} E_\alpha &= -\frac{1}{2} \hbar \omega_0 \\ E_\beta &= +\frac{1}{2} \hbar \omega_0 \end{aligned}$$

$$= \frac{1}{Z} \begin{pmatrix} 1 & 0 \\ 0 & 1 \end{pmatrix} + \frac{1}{Z} \cdot \frac{\hbar \omega_0}{2kT} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix}$$

$$= \frac{1}{Z} \left(E + \frac{\hbar \omega_0}{2kT} I_z \right) \longrightarrow I_z \text{ ignoring constants and identity } E$$

Now consider rotation about x -axis (x -pulse)

$$H_1 = \omega_1 I_x = \frac{\omega_1}{2} \begin{pmatrix} 0 & 1 \\ 1 & 0 \end{pmatrix}$$

$$\frac{\pi}{2} \text{ pulse} \Rightarrow \tau_p = \frac{\pi}{2} \frac{1}{\omega_1}$$

$$e^{-iH_1 \tau_p} = e^{-i \frac{\pi}{2} I_x} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & -i \\ -i & 1 \end{pmatrix} \quad e^{+iH_1 \tau_p} = \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & i \\ i & 1 \end{pmatrix}$$

$$\rho_0 \xrightarrow{\text{pulse}} \rho_1 = e^{-iH_1 \tau_p} \rho_0 e^{+iH_1 \tau_p}$$

$$= \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & -i \\ -i & 1 \end{pmatrix} \cdot \frac{1}{2} \begin{pmatrix} 1 & 0 \\ 0 & -1 \end{pmatrix} \cdot \frac{1}{\sqrt{2}} \begin{pmatrix} 1 & i \\ i & 1 \end{pmatrix}$$

$$= \frac{1}{2} \begin{pmatrix} 0 & i \\ -i & 0 \end{pmatrix} = -I_y$$

$$\langle I_y \rangle = \text{Tr}(\rho I_y) = \text{Tr}(-I_y I_y) = \text{Tr} \left[-\frac{1}{2} \begin{pmatrix} 0 & i \\ -i & 0 \end{pmatrix} \frac{1}{2} \begin{pmatrix} 0 & i \\ -i & 0 \end{pmatrix} \right] = -\frac{1}{2}$$

Product operator expansion:

$$\hat{\rho} = a_1 \hat{I}_x + a_2 \hat{I}_y + a_3 \hat{I}_z$$

write $\hat{\rho}$ in terms of 'component' matrices, can simplify calculations:

$$\hat{\rho} \xrightarrow{} e^{-iHt} \hat{\rho} e^{+iHt} = e^{-iHt} (\rho_1 + \rho_2 + \dots) e^{+iHt}$$

$$= e^{-iHt} \rho_1 e^{+iHt} + e^{-iHt} \rho_2 e^{+iHt} + \dots \text{ etc}$$

can calculate evolution of components separately.